

Bihar Police Driver Physical Test Details 2018 For Constable And Fireman

Also Check: [Recruitment Details](#)

Chest Details for Male candidate:

Category	Male
General/ OBC/ EBC	81 cm (Minimum 5 cm expansion is required)
SC/ ST Candidates	79 cm (Minimum 5 cm expansion is required)
Gorkha Candidates in Bihar Police Gorkha Battalion	79 cm (Minimum 5 cm expansion is required)

Running Test For Male And Female Candidates:

Physical Efficiency Test	Male		Female		Marks
	Distance	Time	Distance	Time	
Running	1.6 km	6 minutes	1 km	6 minutes	50
Shot Put	16 lbs	–	12 lbs	–	25
High Jump	4 ft	–	3 ft	–	25

High And Long Jump Details For Male And Female Candidates:

Name Of Test	Male	Female
High Jump	Minimum 3 Feet 06 inch	Minimum 2 Feet 06 inch
Long Jump	Minimum 10 Feet	Minimum 7 Feet
Shot Put	16 Pounds up to 14 Feet	12 Pounds up to 08 Feet

Motor Vehicle Driving Test:

For Jeep:

Time	Gear Change	Marks
1 Minute	3 Gear	20
1 Minute	5 Gear	16
2 Minute	5 Gear	12
3 Minute	5 Gear	08

For Car:

TIME	Gear Change	Marks
1 Minute	3 Gear	20
1 Minute	5 Gear	16
2 Minute	5 Gear	12
3 Minute	5 Gear	08

For Bus And Truck:

Process	Marks
For Changing All Gears & Drive Vehicle without any Noise in Gear	08
For Drawing Figure or 8 by Moving Forward the Vehicle	04
For Drawing Figure or 8 by Moving Backward the Vehicle	08